

Transition Care Program at Home Plus

Extra supports at home after a hospital stay



This program is an enhancement to the Transition Care Program (TCP). You will still receive the same restorative care normally provided in the community, with extra help to support you as you settle back home after hospital.

This can make the return home smoother, safer and more manageable, helping you stay independent and avoid entering residential aged care earlier than necessary.

Before starting TCP@Home+, you will be required to sign an agreement with the TCP provider.

What services are included?

TCP@Home+ is delivered by an aged care provider at home in the community. During your time on the program you will receive TCP's current supports:

- **Nursing support** to help with wound care and/or medication management.
- **Personal care** to help with hygiene, cleaning and/or food preparation.
- **Physiotherapy** to help strengthen and heal your body.
- **Occupational therapy** to give you the tools to safely enjoy living at home.
- **Social work** to connect you to things important to you.
- **Speech therapy** to help you stay connected with loved ones.
- **Dietary advice** to ensure you are fuelling your body with foods to keep you healthy and strong.

With TCP@Home+ enhanced supports of:

- **Wearable devices** — on entry, you will be set up with suitable equipment to support your safety and wellbeing.
- **Daily wellbeing checks** — on any day that you do not receive a face-to-face visit, you will receive a virtual wellbeing check.
- **Rapid response** — if an alert occurs or there is no response from you, a set process will be followed, which may include contacting you, your contacts, or arranging a check on your safety.

Not every TCP place includes TCP@Home+. Places are limited and offered based on need.

Duration

- TCP@Home+ offers short-term care (up to 12 weeks) for you to regain your health and mobility after a hospital stay.

Cost

TCP is mostly funded by the government, but you are expected to contribute to your care. The maximum cost is 17.5 per cent of the basic daily rate of the single age pension, and there are no additional charges for TCP@Home+.

